



**Herald on Sunday**

**04-Apr-2010**

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**Sunday Detours**

**Region: Auckland**

**Circulation: 90268**

**Type: Metro**

**Size: 28.60 sq.cms**

**Frequency: -----S**

**Bagel bites**

If you have a sweet craving but are desperately trying to avoid a cake binge try Abe's Sweet Bagel

Bites. Baked then sliced and packaged into snack-sized packs, the sweet bagel bites are



available in two flavours: chocolate chip and honey raisin, \$5.80 for a packet of ten mini-bags. Great for throwing in the lunchbox or your handbag. [www.abesrealbagels.com](http://www.abesrealbagels.com)